



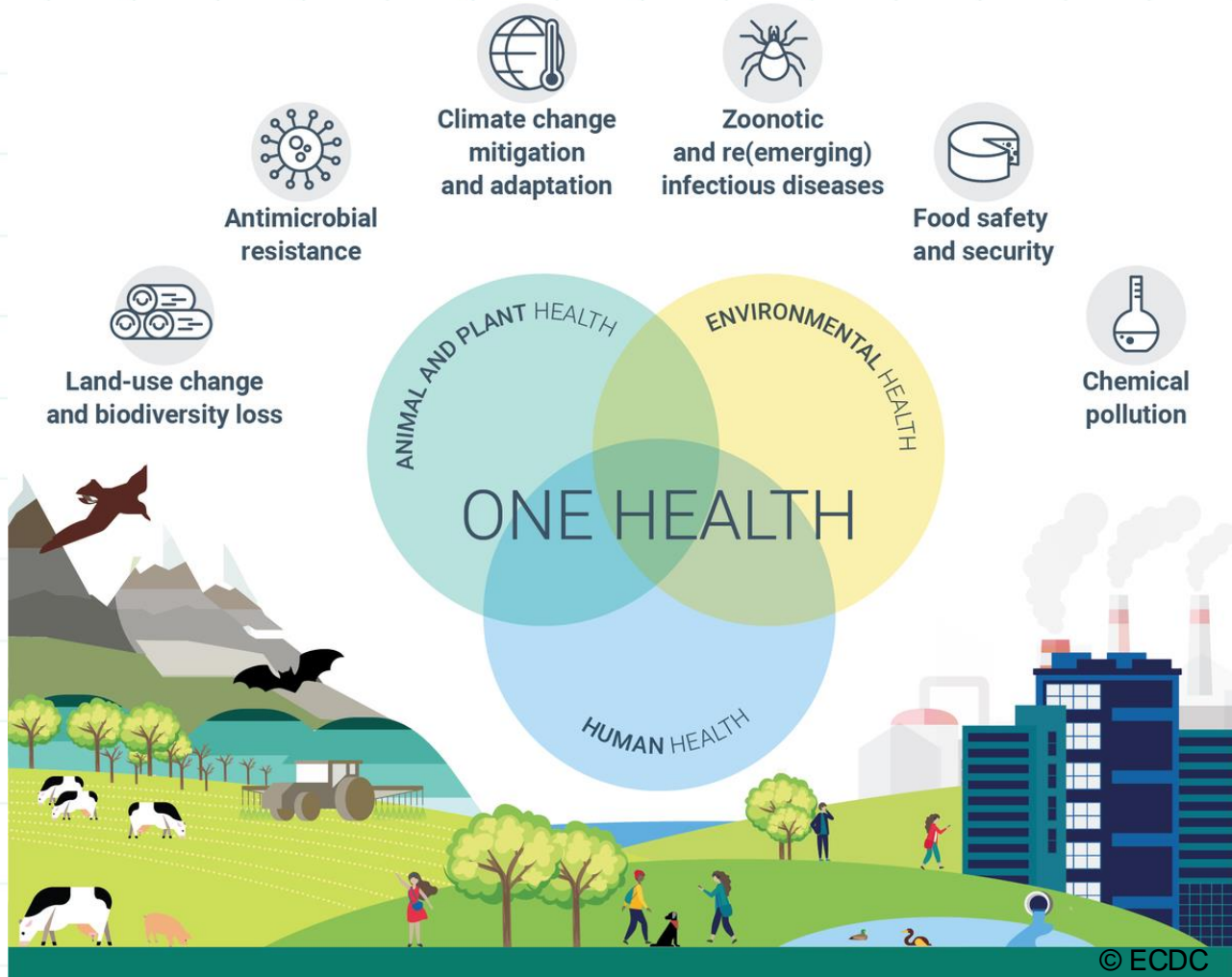
# ENFERMIDADES TRANSMITIDAS POR VECTORES. A IMPORTANCIA DA PREVENCIÓN E DO CONSELLO SANITARIO PARA O VIAXEIRO



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23 de setembro de 2024

# “UNHA SOA SAÚDE”



# Cal é a función dos servizos de Medicina Preventiva?



Consello do viaxeiro internacional

Vacunación do viaxeiro



# MEDIDAS DE PROTECCIÓN

## REPELENTES DE MOSQUITOS E CARRACHAS

# MEDIDAS DE PRECAUCIÓN



# Que repelente elixir?

**DEET**

**Permetrina**

**IR3535**

**Picaridina**

**PMD**

**Citronela**

**Aceites esenciais**

**Suplementos vitamínicos**

**Pulseiras repelentes**

**Dispositivos electrónicos**

# Enfermidades transmitidas por mosquitos



# Enfermidades transmitidas por *Aedes*

**Dengue**

**Zika**

**Chikungunya**

**Febre amarela**



# Dengue

4-7 (3-14)  
Viremia: 1-5 días  
Clínica: 25-60%



EU outermost regions reporting cases and not visible in the main map extent

- Guyane
- Guadeloupe
- La Réunion
- Martinique

Notification rate per 100 000 persons



Note: Data refer to Dengue virus cases reported in the last 3 months (May 2024-July 2024) [Data collection: August 2024].

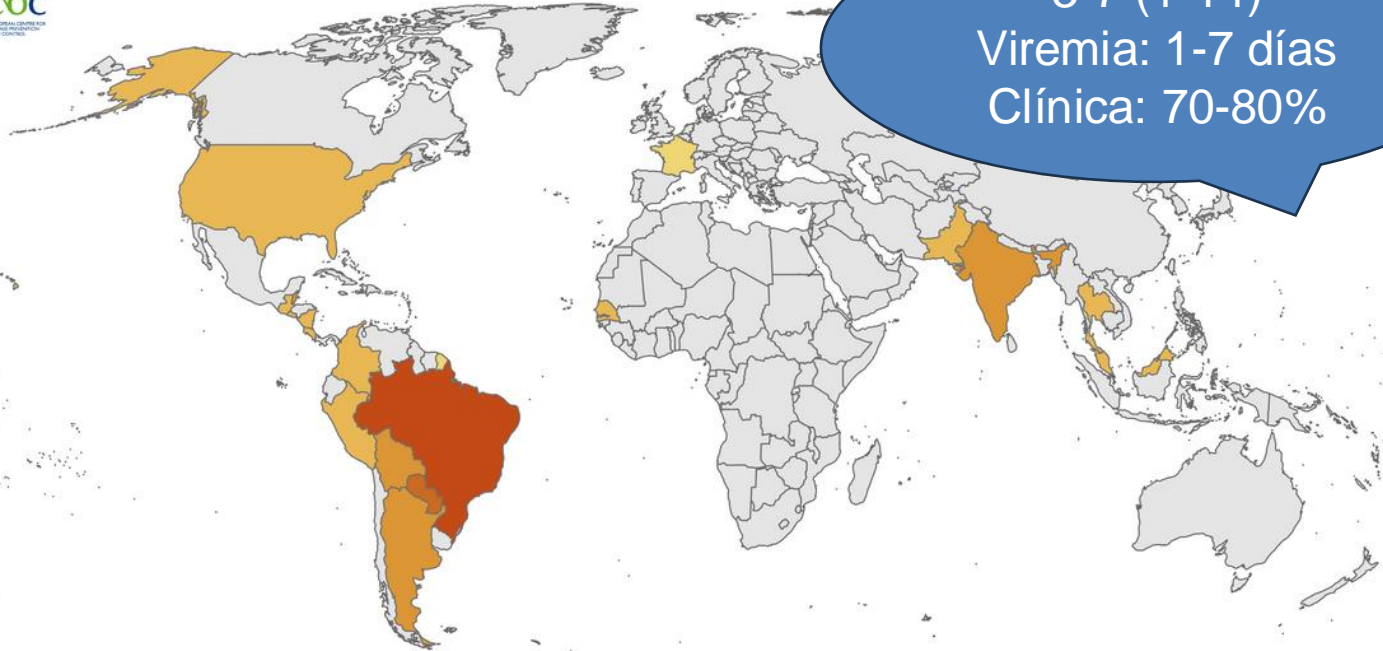
Case numbers are collected from both official public health authorities and non-official sources, such as news media, and depending on the source, autochthonous and non-autochthonous cases may be included.

Administrative boundaries: © EuroGeographics

The boundaries and names shown on this map do not imply official endorsement or acceptance by the European Union. ECDC. Map produced on 30 August 2024



# Chikungunya



3-7 (1-14)  
Viremia: 1-7 días  
Clínica: 70-80%

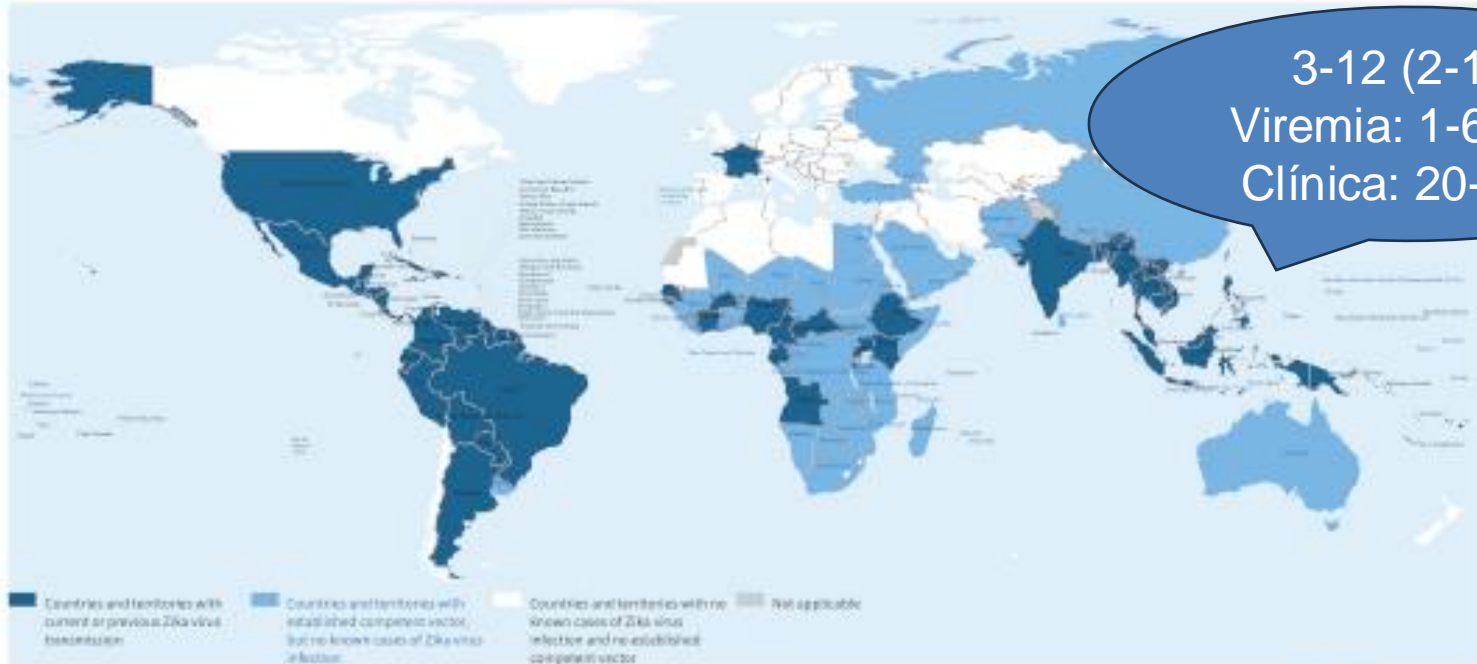
Notification rate per 100 000 persons



Note: Data refer to Chikungunya virus cases reported in the last 3 months (May 2024-July 2024) [Data collection: August 2024]. Case numbers are collected from both official public health authorities and non-official sources, such as news media, and depending on the source, autochthonous and non-autochthonous cases may be included. Administrative boundaries: © EuroGeographics. The boundaries and names shown on this map do not imply official endorsement or acceptance by the European Union. ECDC. Map produced on 30 August 2024

# Zika

## Countries and territories with current or previous Zika virus transmission



The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

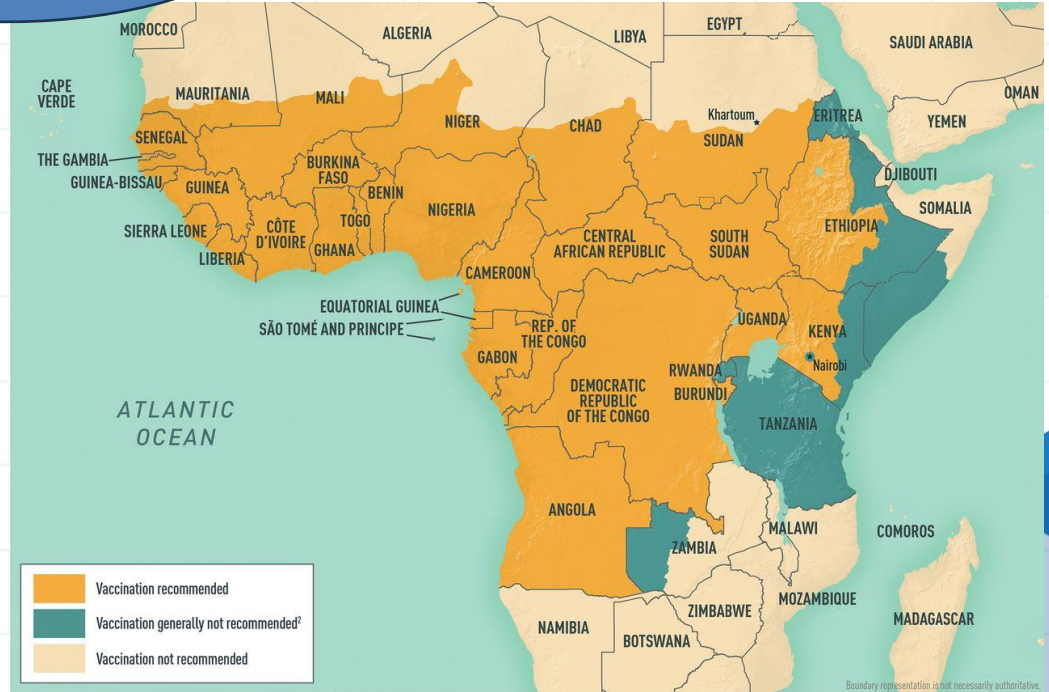
Map date: February 2022  
Data Source: World Health Organization  
Map Production: WHO Health Emergencies Programme

Zika virus country classification table available at:  
<https://www.who.int/emergencies/diseases/zika/countries-with-zika-and-vectors-table.pdf>

# Febre Amarela



3-6 días  
Viremia: 3-4 días



# Enfermidades transmitidas por *Culex*

## Febre do Nilo Occidental





# Febre do Nilo Occidental



**Legend** (as of 18 September 2024)

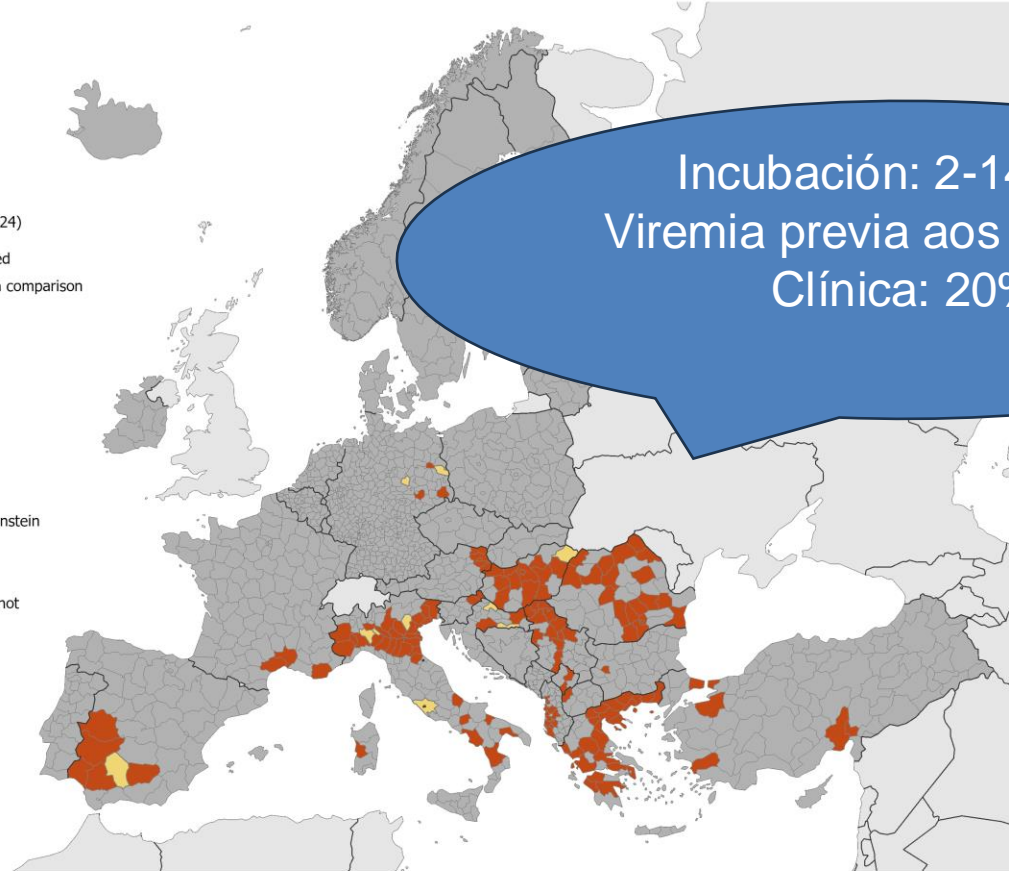
- Human infections reported
- Newly affected regions in comparison with the previous week
- No infections reported
- Not included

Countries not viewable in the main map extent

- Malta
- Liechtenstein

Affected EU Outermost Regions not viewable in the map extent

- Guadeloupe



Incubación: 2-14 días  
Viremia previa aos síntomas  
Clínica: 20%

# Enfermidades transmitidas por carrachas



# Enfermidades transmitidas por carrachas

**Enfermidade Hemorráxica Crimeia-Congo**

**Enfermidade de Lyme**

**Enfermidade botonosa mediterránea**





# Enfermidade Hemorróxica Crimea-Congo

Incubación: 4-5 días  
Clínica: 10%  
2024: 4 casos en España  
(Salamanca, Cáceres, Córdoba e Toledo)  
1 Portugal (Bragança)  
1 Bulgaria

## CCHF affected areas

- Region of infection
- No cases reported
- Not included

Countries not visible  
in the main map extent



# EVITAR AS PICADURAS DAS CARRACHAS

**Usar manga e pantalóns longos**

**Botas pechadas**

**Calcetíns longos cubrindo a parte inferior dos pantalóns**

**Roupa de cor claro**

**Camiñar pola parte central do camiño**

**Revisar o corpo especialmente os pregos**

# Teño unha carracha Que debo facer?

**Extracción correcta da carracha**

**Observación durante 30 días**



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